

# DINNER SAIL MENU

## Appetizer

Cream of Tomato Soup served with focaccia bread

OR

Fish cake served on a bed of greens

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## Entrée

Blackened Fish Taco topped with Mango Salsa and Lime Slaw

OR

Cured and Slow Smoked Baby Back Pork Ribs in a Honey Garlic Glaze

OR

All Natural Chicken Breast in a Spicy Jerk Marinade

∞

## Sides

Rice n Beans

Mixed Greens

Roasted Root Vegetables

Pasta Salad

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## Dessert

Warm Stick Toffee Pudding with Butterscotch Sauce

\*Please choose an appetizer and entrée option upon booking or [contact Red Sail Sports](#) prior to 1pm on the day of the sail. If no option is chosen you will automatically receive **Soup and Chicken**.

Fresh catch can and will vary between mahi-mahi, trigger & wahoo.

\*\* A vegetarian option is available and must be requested at the time of booking:  
Grilled Portobello Mushroom topped with Roasted Red Pepper, Pesto and Brie cheese.

